

# **Cerebral Palsy**



# Common areas of gifting or strength

Persons with CP have many areas of gifting, which may include humor, creativity, intelligence, music... get to know an individual to find out their gifts and abilities!

## Common areas of challenge

- Physical strength, muscle control
- Speech and other muscle-controls may be affected to varying degrees (a person may use a wheelchair, walker, crutches, and/or wear ankle-foot-orthotics, or may not need any of these)

## **Quick facts**

- Cerebral Palsy is a group of neurological disorders describing when areas of the brain are damaged in early development.
- There are 4 types of CP:
  - Spastic, which may present as
    - quadriplegia -difficulty controlling limbs, trunk and face
    - diplegia -difficulty controlling the legs
    - hemiplegia -difficulty controlling one side of the body
  - Dyskinetic, causing twisting and sudden movements
  - Ataxic, affecting balance and walking
  - Mixed, in which several parts of the brain are affected

### Resources

### **Further Learning**

- allbelong.org/ruby-and-friends/
- cparf.org/
- vourcpf.org/

#### **Books for Adults**

- Accessible Gospel, Inclusive Worship, by Barbara J. Newman
- Cerebral Palsy: a Complete Guide for Caregiving, 3rd Edition, by Freeman Miller &
  Steven Bachrach

#### **Books for Kids**

- ♦ Dillon the Dolphin: Educating Children about Cerebral Palsy, by Shelly Weiss
- Can I Tell You about Cerebral Palsy? A Guide for Friends, Family and Professionals, by
  Marion Stanton

#### Videos

- Dancing with Cerebral Palsy: <a href="mailto:facebook.com/watch/?v=1684959555139804">facebook.com/watch/?v=1684959555139804</a> (also viewable from this article about Jerron Herman: <a href="https://www1.cbn.com/cbnnews/entertainment/2017/may/pro-dancer-with-cerebral-palsy-calls-disability-the-lsquo-best-tool-rsquo-god-has-given-him">facebook.com/watch/?v=1684959555139804</a> (also viewable from this article about Jerron Herman: <a href="https://www.ncbn.com/cbnnews/entertainment/2017/may/pro-dancer-with-cerebral-palsy-calls-disability-the-lsquo-best-tool-rsquo-god-has-given-him">facebook.com/watch/?v=1684959555139804</a> (also viewable from this article about Jerron Herman: <a href="mailto:www1.cbn.com/cbnnews/entertainment/2017/may/pro-dancer-with-cerebral-palsy-calls-disability-the-lsquo-best-tool-rsquo-god-has-given-him">facebook.com/cbnnews/entertainment/2017/may/pro-dancer-with-cerebral-palsy-calls-disability-the-lsquo-best-tool-rsquo-god-has-given-him</a>)
- \* "Brain Development and Cerebral Palsy" (2:32) <u>canchild.ca/en/resources/264-cp-the-brain-video</u>
- Khan Academy, "What is Cerebral Palsy and What Causes It?" (11:00) youtu.be/ii1MBfj7-Sk