

## Repentance Worksheet

**When you become a Christian, you accept Jesus as your Lord and Savior. Repentance is the key to both.**

Psalm 32:3-6 (NIV) *When I kept silent, my bones wasted away through my groaning all day long. For day and night, your hand was heavy on me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin.*

2 Corinthians 5:17-19 (NIV) *Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to himself in Christ, not counting people's sins against them. And he has committed to us the message of reconciliation.*

### 1. Jesus as Savior

Where in your life do you need Jesus to save you? (Be specific)

i.e., marriage, addictions (alcohol, drugs, food, work, sex, porn, swearing, spending money), anger, depression, broken relationships, occult, stealing, lying, selfishness, self-absorbed, procrastination, laziness, negative attitude, gossip, slander, pride, etc.

What guilt in your life do you need Jesus to pay the price for on the cross? (Be specific)

### 2. Jesus as Lord

Where in your life do you need to let Jesus be your Lord? (Be specific)

i.e., money, ambition, time, material possessions, goals, schedule, sex life, desires, habits, emotions, dreams, hurt, pain, suffering, etc.

What hurts in your life do you need Jesus to take away?

What things weighing you down (burdens) do you need Jesus to lift?

What discouragements do you need Jesus to transform into courage?

What suffering do you need Jesus to alleviate in your life?