

Coaching basics Part 2

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Putting it all together

In the first course we emphasized non-directive coaching. The advantages were ...

1. Client more actively involved in his/her own problems and interests
2. Client often becomes more motivated to work on things if the solutions were discovered by them.
3. The Client often takes on more responsibility for both success and failure

More directive coaching

- In this second course we have acknowledge that often times more input is needed from the coach – especially in terms of skill and concept learning.
- Sometimes a total coach directed teaching is needed and is the best option.
- Most times, however, a semi-directed coaching approach is the best.

There are basically three coaching approaches

1. Directive coaching
2. Non-directive coaching
3. Semi-directive coaching

How do you know which approach to do when?

1. Directive coaching?
2. Non-directive coaching?
3. Semi-directive coaching?

Directive coaching

1. When there is a clear link between the clients need and the coaches expertise
2. When client is looking to acquire a specific skill that the coach is proficient at

Directive coaching

3. When the client is willing to follow direction

Non-Directive coaching

1. When it is not obvious what the need or problem is
2. When the client is not sure what he/she wants changed or added to her/his life
3. When the client is emotionally hurting but doesn't know why

Semi-Directive coaching

1. When a coach is teaching a class on a particular subject and an attendee needs coaching off from that
2. When a client seeks out the help of a coach because of a particular area of expertise

What all this means for you, the potential coach

1. If you want to expand your coaching potential than you must add knowledge/skills that you can specifically use in the lives of people.
2. You don't have to be an expert in order to coach people in specific knowledge/skills but you do need to know the basics.

Take specific coaching knowledge/skills classes

1. Parenting
2. Marriage
3. Finance
4. Time management (Living according to your god given life's purpose)
5. Sex

Take specific coaching knowledge/skills classes

Church growth series:

1. Reversing church decline
2. Church growth 50 to 100
3. Church growth 100 to 200
4. Part singing
5. Guitar
6. Keyboard
7. Bible study
8. Fellowship

Take specific coaching knowledge/skills classes

Church growth series:

9. Sound and lights
10. Building and grounds
11. Sermon basics
12. Testimonies
13. Prayer
14. Gift based Church service
15. Discipleship
16. Leadership

Adapt CLI mini classes towards coaching

i.e. Influence

i.e. Time management

Adapt general CLI classes towards coaching

i.e. Communication class

i.e. Management class