

Coaching basics Part 2

Professor Steve Elzinga

Making the directive more non-directive by using the discipleship method

How did Jesus disciple His disciples?

1. He called them.
2. He showed them.
3. He taught them.
4. He sent them out to try out what they had been taught.

4. He re-taught them in the light of their successes and failures
5. He sent them again
6. He sent them out to teach others

How might this work in your coaching?

1. Call your client to the task (establish that you are the disciple maker and the client is the disciple).
2. Show your client what you want him/her to learn.
3. Teach your client the agreed upon task.

How might this work in your coaching?

4. Send the client out to put into practice what was learned.
5. Reteach in the light of the client's experience.
6. Send the client out to put into practice what was learned.
7. Challenge the client to coach others.