

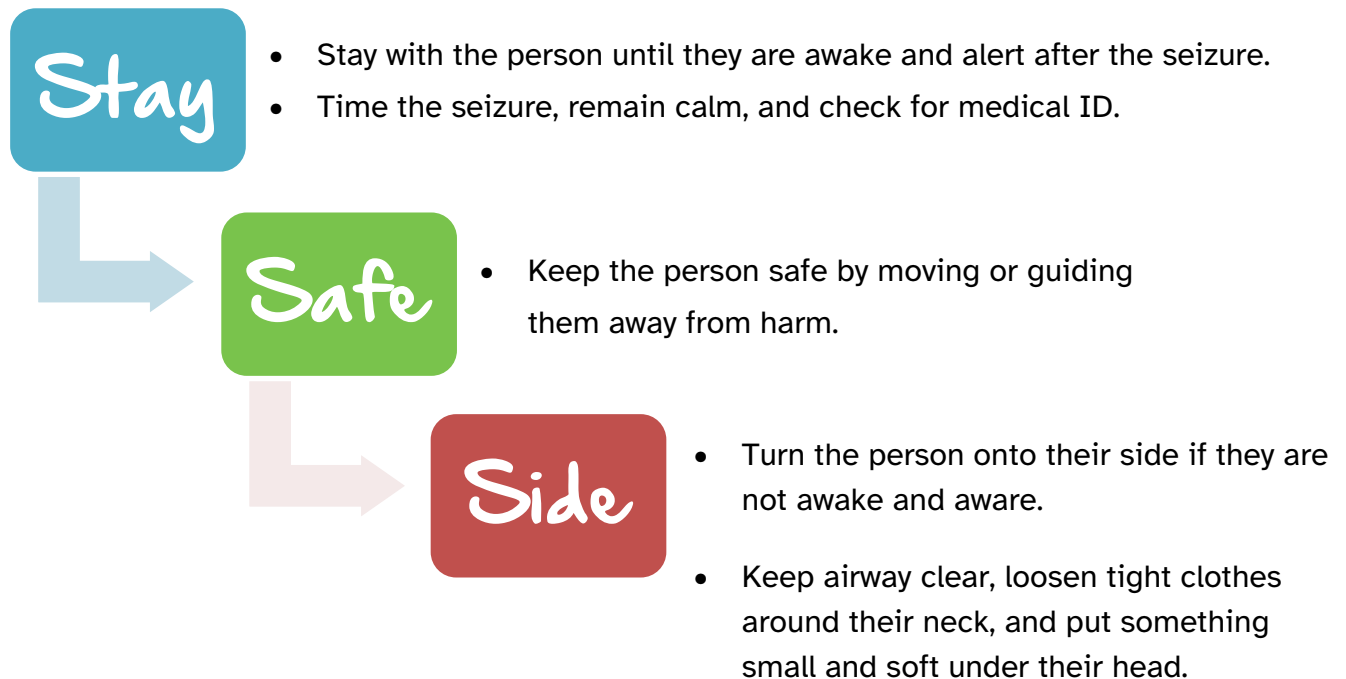


Seizure Disorders

*"Epilepsy is ... just part of me, part of my head, part of what's happening in there.
Sometimes something in my brain triggers it off." -Neil Young*

Things to Know Regarding Seizure Disorders

Fifty million people worldwide have epilepsy, making it one of the most common neurological diseases. According to the [Epilepsy Foundation](#), there are 30 different types of seizures. During them, a person may be confused, not aware of what is going on, or unconscious. Knowing how to help can make a difference and save a life.



Call 911 if the seizure lasts longer than 5 minutes, occurs in water, causes breathing difficulties or injury, or is the first seizure this person has had.

References

- "Types of Seizures," Epilepsy Foundation, [epilepsy.com/what-is-epilepsy/seizure-types](https://www.epilepsy.com/what-is-epilepsy/seizure-types)
- "Key Facts," World Health Organization, [who.int/news-room/fact-sheets/detail/epilepsy](https://www.who.int/news-room/fact-sheets/detail/epilepsy)